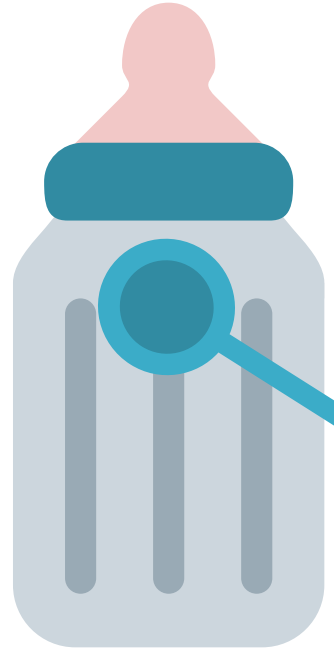


Pregnancy in rCTDs

5 things you should know



Plan

your pregnancy
with your doctor



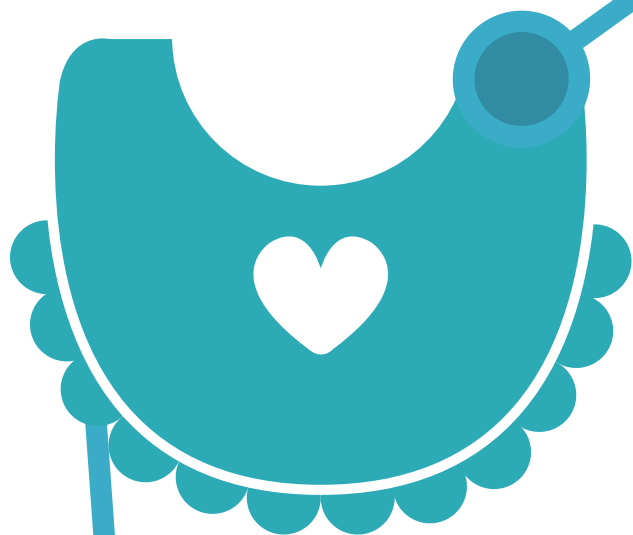
Discuss

treatment strategy
with your doctor



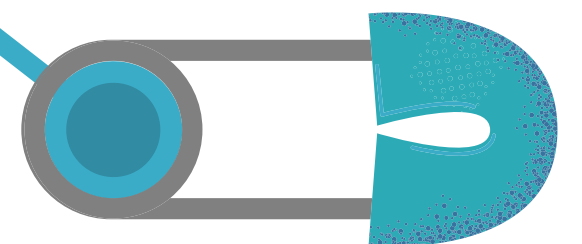
Talk

to your doctor
before stopping
any medication



Inform

yourself with
reliable sources



You are not alone,
reach out!



You could start with the [ERN ReCONNET webinar on pregnancy](#), then you could check out the other resources available on our webpage <http://bit.ly/onpregnancy>



**European
Patient
Advocacy
Group**

This infographic was made by the ERN ReCONNET ePAGs. You can print it out, download it, disseminate it however you want. [ERN ReCONNET](#) is the European Reference Network on Rare and Complex Connective Tissue and Musculoskeletal Diseases. [ePAGs](#) are the European Patient Advocacy Groups that bring together elected patient advocates and affiliated organisations in order to ensure that the patient voice is heard throughout the European Reference Networks development process.



**European
Reference
Network**
for rare or low prevalence
complex diseases
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