

Report of the short-term visit

ERN Exchange Programme 2021-2022

ERN ReCONNET

Name of the participant	Zane Davidsons
Healthcare provider where the participant is employed	Childrens Clinical University hospital, Riga, Latvia
Name of the Healthcare provider and Head of the Unit hosting the exchange visit Address Name of the Head of the Unit	Name of the HCPs: San Martino Hospital Address: Via Francesco Saveria Mosso 16132 Genova GE, Italy Name of the Head of the Unit: Prof. Maurizio Cutolo
Start date of the exchange visit	23.01.23.
End date of the exchange visit	27.01.23.

1. Please introduce your position/employment (MD, HAP, patient, other) and years of practice of your profession:

I work in pediatric rheumatology from 2010, from 2019 I am the head of pediatric rheumatology.

2. The objectives of the exchange visit were:

- Experience about patient flow organisation;
- Rare disease patients;
- How the scientific work has been organised.

3. Please describe the activities performed during your exchange visit:

- I had a possibility to participate in outpatient and day stationary hospital visits, to see rare disease patients.
- Participation in capillaroscopy, osteodensitometry.
- Excursion through scientific laboratory.
- Discussions about rare disease patients.

4. Please describe below what you have learned and which new information/novelties you got during the exchange visit:

- I am now more motivated to introduce capillaroscopy in our department.
- We have to think about how better organise patients flow in outpatient clinics to have more time for them.
- I am inspired to use different disease activity tools in my daily practice.



- I will try to understand how we could implement some scientific laboratories in our hospital.

5. Please describe below how you plan to implement what you have learned in your Healthcare provider/clinic/practice:

One of our colleagues will go to EULAR courses of capillaroscopy and I hope we will be able to implement this method in our departement.

6. Would you visit in the future the same canter or another ERN centre for update/new topics?

I would like to visit another center, more specialised in pediatrics.

7. Would you recommend the Exchange Programme to your colleagues? If yes, why?

Yes, I would recommend. It is a good experience where you can get some inspiration to improve your daily work or to realise that what you are doing already is correct.