

Report of the short-term visit

ERN Exchange Programme 2021-2022

ERN ReCONNET

Name of the participant	Eduardo Dourado (Eduardo Jorge Dourado Domingues)
Healthcare provider where the participant is employed	Centro Hospitalar Universitário Lisboa Norte
Name of the Healthcare provider and Head of the Unit hosting the exchange visit Address Name of the Head of the Unit	Name of the HCPs: Karolinska University Hospital Address: Anna Steckséns g 41, 171 64 Solna, Sweden Name of the Head of the Unit: Ingrid Lundberg
Start date of the exchange visit	28/11/2022
End date of the exchange visit	09/12/2022

- Please introduce your position/employment (MD, HAP, patient, other) and years of practice of your profession:** I am a 5th-year Rheumatology Resident (MD), and I have been a physician for six years now.
- The objectives of the exchange visit were:** Improvement of the collaboration between the visitor institution and the hosting institution on myositis care. Exchange of know-how regarding the complex practicalities of linking the clinical and research aspects of myositis.
- Please describe the activities performed during your exchange visit:** Participation in some of the clinical activities of myositis patient management (outpatient clinic, ward) and myositis research; the practical functioning of the myositis clinic and its patient pathways. Observation of the connections between the clinical and research aspects in the Department (how recruitment of patients is done, how projects are discussed between clinicians and basic researchers, how blood, muscle or other samples are collected, stored and used in research).
- Please describe below what you have learned and which new information/novelities you got during the exchange visit:** Organization of the myositis clinic and its bridges with the research team; I observed how recruitment of patients is done, how projects are discussed between clinicians



and basic researchers, how blood, muscle or other samples are collected, stored and used in research.

5. **Please describe below how you plan to implement what you have learned in your Healthcare provider/clinic/practice:** Improve communication with the research teams from my Centre. Implement the methods of recruitment of patients, of discussing and motivating the basic researchers, and how blood, muscle or other samples are collected, stored and used in research.
6. **Would you visit in the future the same center or another ERN centre for update/new topics?**
Yes.
7. **Would you recommend the Exchange Programme to your colleagues? If yes, why?** Yes. It is a useful way to dedicate a set amount of time to a few very clear objectives and optimize their achievement. It is also a great way to meet new realities and network.