

Report of the short-term visit

ERN Exchange Programme 2021-2022

ERN ReCONNET

Name of the participant	Elisa Fiorentini
Healthcare provider where the participant is employed	Rheumatology Unit - AOU Careggi – Firenze - Italy
Name of the Healthcare provider and Head of the Unit hosting the exchange visit Address Name of the Head of the Unit	Name of the HCPs: Serviço de Reumatologia e Doenças ósseas e metabólicas - Hospital De Santa Maria, Centro Hospitalar Lisboa Norte, EPE Address: Av. Prof. Egas Moniz MB, 1649-028 Lisboa, Portugal Name of the Head of the Unit: Prof. Doutor João Eurico Cabral da Fonseca
Start date of the exchange visit	02/01/2023
End date of the exchange visit	31/01/2023

1. Please introduce your position/employment (MD, HAP, patient, other) and years of practice of your profession:

I'm a Medical Doctor, Intern in Rheumatology, attending now the 3^o year of Internship.

2. The objectives of the exchange visit were:

- Improvement of knowledge in rare and complex connective tissue and musculoskeletal diseases (rCTDs) management.
- Collaboration between the two reference centers and exchange of good practices.

3. Please describe the activities performed during your exchange visit:

- Attended highly specialized rheumatology clinics and multidisciplinary clinics
- Attended the Rheumatology Technique Unit (where musculoskeletal ultrasound and other diagnostic/therapeutic procedures were daily performed)
- Visit the inpatient clinic
- Visit the Clinical Trial Unit

4. Please describe below what you have learned and which new information/novelties you got during the exchange visit:



Thanks to the greater number and variety of patients attending the host center, I have improved my knowledge in the management and treatment of some diseases that are less frequent in my home center. Moreover, I had the opportunity to attend highly specialized outpatient clinics that are not present in my centre, confronting myself with new and very interesting clinical cases.

5. Please describe below how you plan to implement what you have learned in your Healthcare provider/clinic/practice:

After this experience I feel that I will be able to manage in a more conscious way some clinical cases that I had not had the opportunity to get to know thoroughly before. I also feel that I now have a wider knowledge base that will surely help me in my future career.

6. Would you visit in the future the same center or another ERN centre for update/new topics?

I am strongly motivated to keep in contact with the host center and I hope to have the opportunity to attend the center again in the future and maybe realize research projects together.

7. Would you recommend the Exchange Programme to your colleagues? If yes, why?

Yes, I strongly advise my interested colleagues to join the ERN exchange programme, as it is a precious occasion for personal and professional growth, an opportunity for comparison with different realities from which to draw ideas for improving and perfecting one's clinical practice.