

## MiReport of the short-term visit ERN Exchange Programme 2021-2022 ERN ReCONNET

Name of the participant	Michał Jakubaszek
Healthcare provider where the participant is employed	National Institute of Geriatrics, Rheumatology and Rehabilitation
Name of the Healthcare provider and <b>Head of the Unit</b> hosting the exchange visit Address Name of the Head of the Unit	Dipartimento di medicina interna e specialità mediche – DIMI. Genova, Italy. Prof. Maurizio Cutolo.
Start date of the exchange visit	18.01.2023
End date of the exchange visit	31.01.2023

**1. Please introduce your position/employment (MD, HAP, patient, other) and years of practice of your profession:**

MD, 20 years of practice

**2. The objectives of the exchange visit were:**

The aim was to get acquainted with the system of care for rheumatological patients, learn about the differences in care between centers, and gain more experience in the field of capillaroscopy.

**3. Please describe the activities performed during your exchange visit:**

I actively participated in the work of doctors from the host center, I watched their work both as part of outpatient and hospital care, I also actively participated in capillaroscopic examinations.

**4. Please describe below what you have learned and which new information/novelties you got during the exchange visit:**

I learned about the differences in the therapeutic possibilities of rheumatological patients, I learned about new scales for assessing changes in capillaroscopy.

**5. Please describe below how you plan to implement what you have learned in your Healthcare provider/clinic/practice:**



In particular, I intend to apply the learned techniques for assessing changes in capillaroscopy in everyday practice.

**6. Would you visit in the future the same center or another ERN centre for update/new topics?**

Absolutely, yes.

**7. Would you recommend the Exchange Programme to your colleagues? If yes, why?**

Yes, because the opportunity to visit other rheumatology centers gives a lot of knowledge about the differences between the centers, and allows you to establish contacts with other specialists and gain new experience.