

Report of the short-term visit

ERN Exchange Programme 2021-2022

ERN ReCONNET

Name of the participant	LIALA MOSCHETTI
Healthcare provider where the participant is employed	ASST Spedali Civili & University of Brescia Piazzale Spedali Civili, 1 Brescia Head of the Unit: Franco Franceschini
Name of the Healthcare provider and Head of the Unit hosting the exchange visit Address Name of the Head of the Unit	Center of Research of Immunopathology and Rare Diseases and SCDU Nephrology and Dialysis, San Giovanni Bosco Hospital, Turin Piazza del Donatore di Sangue, 3, 10154 Turin, Italy Head of the Unit: Dario Roccatello
Start date of the exchange visit	18/01/2023
End date of the exchange visit	31/01/2023

1. Please introduce your position/employment (MD, HAP, patient, other) and years of practice of your profession:

My name is Liala Moschetti and I am a resident attending the fourth (and last) year of the School of Rheumatology at the University of Brescia, in Italy.

2. The objectives of the exchange visit were:

The main reason to attend the Center of Research of Immunopathology and Rare Diseases and SCDU Nephrology and Dialysis, San Giovanni Bosco Hospital in Turin, taking advantage from the ERN Short Mobility Program, was to understand the approach to patients affected by rare connective tissue diseases (rCTDs) that is done in a different hospital in a different Italian region. Indeed, in Italy rare diseases program is National but it is differently applied in many regions and the comparison of various experiences could improve our understanding and consequently the patients' well-being.

Second objective of my visit was to improve my knowledge of renal disease in rCTDs. Renal involvement can be a very serious complication of several rare diseases such as vasculitis, systemic lupus erythematosus (SLE), systemic sclerosis, antiphospholipid syndrome (APS) etc, therefore, I wanted to take advantage from the large cohort of subjects with rare kidney diseases attending the San Giovanni Bosco Unit to improve my experience in the management of these conditions.

3. Please describe the activities performed during your exchange visit:

I have taken part to all the planned clinical activities like:



- visit the outpatient clinic, both nephrological and rheumatologic clinics, including clinics dedicated to specific pathologies such as SLE/APS clinic;
- perform articular ultrasound and video-capillaroscopic exams;
- visit the hospitalized patients;
- participation in research projects.

4. Please describe below what you have learned and which new information/novelties you got during the exchange visit:

Thanks to this experience, I realized that the rCTDs are managed in a similar way, following the recommendations proposed by national and international rheumatology societies (SIR, ACR, EULAR-..), both in my home center and in the hosting center.

I learned to better assess and manage the renal involvement of rCTDs, which, personally, I as not used to.

I understood how different the bureaucratic management is even just between different Italian regions, for example for the prescription and dispensing of the drugs not available in territorial pharmacies.

5. Please describe below how you plan to implement what you have learned in your Healthcare provider/clinic/practice:

I would definitely like to put into practice, every day, what I have learned from the clinical point of view.

As regards the more bureaucratic/organizational point of view, I think it would have taken more weeks to learn and understand better how to manage it.

6. Would you visit in the future the same center or another ERN centre for update/new topics?

I don't rule it out. I think it is always a good idea, if there is the opportunity, to explore the way of working of other centres.

7. Would you recommend the Exchange Programme to your colleagues? If yes, why?

Absolutely yes, as mentioned above, I think it is always a good idea, if there the possibility, to explore the way of working of other centres.