

Report of the short-term visit

ERN Exchange Programme 2021-2022

ERN ReCONNET

Name of the participant	Kristine Ivanova
Healthcare provider where the participant is employed	Pauls Stradins Clinical University hospital
Healthcare provider hosting the exchange visit	Hospital Policlinico San Martino, Genova (Italy)
Start date of the exchange visit	20/06/2022
End date of the exchange visit	24/06/2022

1. The objectives of the exchange visit were:

- To participate in nailfold examination with capillaroscope
- To learn the difference between normal and abnormal nailfold capillaroscopy findings
- To be able to examine patient with capillaroscope and to discern scleroderma pattern from non-scleroderma pattern

2. Please describe the activities performed during your exchange visit:

- Introduction to the technique of examination with capillaroscope the difference between different scopes
- Capillaroscopy examination on patients with different diagnosis
- Capillaroscopy examination on healthy individuals
- Learning the difference between non-scleroderma and scleroderma pattern on these examinations
- Learning to draw the conclusions of examination

3. Please describe below what you have learned during the exchange visit:

- How to conduct an examination of capillaroscopy independently
- How to differentiate non-scleroderma and scleroderma pattern on these examinations
- How to draw the conclusions of examination

4. Please describe below how you plan to implement what you have learned in your Healthcare provider/clinic:

- By implementing capillaroscope examination in daily practise on inpatient and outpatient groups;
- By monitoring patients with scleroderma pattern in dynamic.

5. Would you recommend the Exchange Programme to your colleagues? If yes, why?



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Reference
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Yes, I would definitely recommend the Exchange Programme. This type of learning allowed us to practise on real patients and learning from experts in this field.