

# ReumaLiguria 2026

2° Meeting Regionale Avanzato



Reuma  
Liguria

Saturday 28 february 2026

NH Hotel Marina Genova



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## Presentation

Rheumatological diseases are often systemic and chronic in nature, involving multiple organs and systems, and represent a continuous field of clinical and basic research aimed at defining new pathogenetic and pathophysiological mechanisms, new biomarkers and diagnostic investigations, and consequently new therapeutic opportunities.

Collaboration between rheumatologists and specialists from other internal medicine disciplines is essential within an appropriate diagnostic, therapeutic, and preventive pathway, in order to optimize the clinical condition of patients with rheumatic diseases. Therefore, the second edition of ReumaLiguria 2026 aims to represent an updated meeting and a forum for multidisciplinary discussion among rheumatology specialists and specialists from other clinical fields, including internists, pulmonologists, cardiologists, dermatologists, nephrologists, gastroenterologists, imaging and laboratory experts, as well as general practitioners. The focus will be on the most common systemic diseases of rheumatological interest, ranging from osteoporosis to chronic and potentially disabling inflammatory arthritides, such as spondyloarthritis and rheumatoid arthritis. Particular attention will be devoted to advanced therapies, with comparisons to current treatment options.

Scientific Chairs

Maurizio Cutolo and Alberto Sulli



## Preliminary Scientific Programme

09:00–09:15 *Introduction and Welcome Address by the Authorities*

### **ADDRESSING THE MANAGEMENT OF OSTEOPOROSIS AT ITS BEST**

Chairs: M. Cutolo (Genova) – A. Sulli (Genova)

09:15–09:35 **Classification and pathophysiological framework of osteoporosis**  
E. Gotelli (Genova)

09:35–10:05 **The role of an appropriate diet in protecting bone health at all ages**  
L. Pisciotta (Genova)

10:05–10:45 **How to optimize pharmacological treatment in the early and advanced stages of osteoporosis**  
S. Paolino (Genova)

10:45–11:05 *Coffee Break*

### **FOCUS ON**

Chairs: M. Cutolo (Genova) – A. Sulli (Genova)

11:05–11:35 **Does scleroderma-related lung disease have a better present and future?**  
M. Grosso (Genova)

11:35–12:20 **The revolution in SLE therapy: from monoclonal antibodies to cellular therapy**  
A. Doria (Padova)

12:20–13:05 **How and when to vaccinate patients with autoimmune rheumatic diseases**  
F. Conti (Roma)

13:05–13:30 **Using glucocorticoids at their best: are they still useful?**  
M. Cutolo (Genova)

13:30–13:40 **The role of the European Reference Network for rare and complex connective tissue diseases (ERN ReCONNET) in the education of physicians and patients**  
M. Cutolo (Genova)



13:40–14:30

*Light Lunch*

### CHRONIC ARTHRITIDES

Chairs: M. Cutolo (Genova) – D. Camellino (Genova)

14:30–14:50

#### **Recent advances in the classification and clinical framework of spondyloarthritis**

C. Pizzorni (Genova)

14:50–15:20

#### **Optimizing imaging-based differential diagnosis of spondyloarthritis**

M. A. Cimmino (Genova)

15:20–15:50

#### **The pathophysiological basis of spondyloarthritis and potential therapeutic targets**

E. Hysa (Genova)

15:50–16:10

*Coffee Break*

16:10–16:55

#### **Pharmacological therapies for spondyloarthritis: past and present**

R. Ramonda (Padova)

16:55–17:35

#### **From rheumatoid arthritis to spondyloarthritis: positioning of JAK inhibitors**

A. Sulli (Genova)

17:35–18:00

#### **The role of nutraceuticals in the co-therapy of chronic arthritis: the case of rheumatoid arthritis**

F. Ingegnoli (Milano)

18:00–18:15

#### **Conclusions on the topics discussed**

M. Cutolo – A. Sulli

18:15

#### **Assessment of learning outcomes: online multiple-choice questionnaire**

*The present preliminary program is subject to change.*



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## General Information

### Organizing and Scientific Committee

Maurizio Cutolo

*Senior Consultant and Emeritus Professor*

Rheumatology Clinic, Department of Internal Medicine and Medical Specialties, University of Genoa

IRCCS San Martino Policlinic Hospital

Alberto Sulli

*Full Professor*

Rheumatology Clinic, Department of Internal Medicine and Medical Specialties, University of Genoa

IRCCS San Martino Policlinic Hospital

### Organizing Secretariat



AIM Group International | AIM Italy

Viale E. Forlanini, 23 – 20134 Milano

Tel. 02.56601.1

[reumaliguria2026@aimgroup.eu](mailto:reumaliguria2026@aimgroup.eu)

### Meeting Venue

NH Hotel Marina

Molo Ponte Calvi, 5

16124 Genova



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### Registration

The event is limited to a maximum of 100 participants.

Participation is free of charge but requires completion of the online registration form on the website <https://eventi2026.webaimgroup.eu/reumaliguria> by

**February 16, 2026.**

Registration for the event includes:

- Attendance at the scientific sessions
- Congress kit
- Certificate of participation (sent by e-mail after the congress)
- Coffee breaks and lunch as indicated in the program
- ECM certificate (to be issued after the event upon verification of attendance and learning requirements)

### Badge

Each registered participant will receive a personalized badge, which must be worn at all times to access the rooms where the scientific sessions are held, as well as the exhibition and catering areas.

### Certificate of Attendance

The certificate of attendance can be downloaded online after completing the evaluation questionnaire.

### Privacy Policy and Image Use

The information on the processing of personal data in accordance with European Regulation No. 679/2016 can be found on the website:

<https://eventi2025.webaimgroup.eu/reumaliguria/>



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## Scientific Information

### CME Provider n. 93



AIM Education Srl

Viale E. Forlanini, 23 – 20134 Milano

Tel. +39 02 56601.1

cme@aimgroup.eu

www.aimeducation.it

### CME Accreditation

The ReumaLiguria Congress – Genoa, February 28, 2026, is included in the 2026 Training Plan of AIM Education – Provider No. 93 and will be accredited by the National Commission for Continuing Medical Education (CME) with the following learning objective: process-focused – clinical documentation, diagnostic, therapeutic and rehabilitation care pathways, assistance and care profiles (3) for the professional figure of Medical Doctor specialized in the following disciplines: rheumatology; physiatry; allergology and clinical immunology; cardiology; geriatrics; metabolic diseases and diabetology; respiratory diseases; infectious diseases; internal medicine; spa medicine; nephrology; radiotherapy; orthopedics and traumatology; pathology; anesthesia and intensive care; clinical biochemistry; pharmacology and clinical toxicology; legal medicine; nuclear medicine; neuroradiology; clinical pathology (chemical-clinical and microbiology laboratories); radiology; general medicine (family doctors); pediatrics (primary care pediatricians).

Accreditation is limited to a maximum of 100 participants. Beyond this number, and for professionals or disciplines not listed above, CME credits cannot be issued. Credits will be granted upon at least 90% attendance at the scientific sessions (monitored electronically at the entrance and exit of each session room) and successful completion of the learning assessment with a minimum of 75% correct answers.