

ERN ReCONNET Transition Training in Rare and Complex Connective Tissue Diseases (rCTDs)

Phase 1: In-person Training Course Programme - 22–24 October 2026

Legend

Lecture	Plenary lecture session
Workshop	Interactive workshop / case discussion
Panel / Interactive session	Panel discussion or facilitated interaction
Break	Coffee or lunch break

22 October 2026 – Foundations of Transition Care

Time	Session	Details
08:30–09:00		Registration and welcome coffee
09:00–09:20	Lecture	Opening and course introduction M. Mosca & T.Avcin
09:20–10:00	Lecture	Adolescence and young adulthood: developmental aspects relevant for clinical care D. Gosar (psychologist)
10:00–10:40	Lecture	Adolescents with chronic and rare diseases Coziana Ciurtin
10:40–11:00	Break	Coffee break
11:00–12:30	Workshop	Psychosocial assessment in AYA (HEADSSS/SSHADESS, mental health screening, cases)
12:30–13:15	Break	Lunch
13:15–14:00	Lecture	Clinical trajectory of rare connective tissue diseases in AYA Edoardo Marrani
14:00–14:40	Lecture	Treatment adaptation in adolescents Gabrielle Simonini
14:40–16:10	Workshop	Clinical cases in AYA with rCTDs
16:10–16:30	Break	Coffee break
16:30–17:30	Panel / Interactive session	Family dynamics and conflict management

23 October 2026 – Transition Care in Practice

Time	Session	Details
09:00–09:40	Lecture	Models of transitional care Pere Soler Palacin
09:40–10:20	Lecture	Transition readiness and planning Filipa Oliviera Ramos
10:20–10:40	Break	Coffee break
10:40–12:30	Workshop	Designing a transition plan
12:30–13:15	Break	Lunch
13:15–14:00	Lecture	Communication with AYA patients Lina Zabuliene
14:00–14:30	Lecture	Communication with families Sylvia Kamphuis
14:30–15:45	Workshop	Difficult conversations in transition care
15:45–16:00	Break	Coffee break
16:00–16:30	Lecture	E-health and digital tools in transition Mojca Zajc
16:30–17:30	Panel / Interactive session	Patient partnership and self-management

24 October 2026 – Implementation and Future Development (morning)

Time	Session	Details
09:00–09:30	Lecture	Ethical challenges in transition care Štefan Grosek
09:30–10:00	Lecture	Legal frameworks in AYA care Claudia Simu
10:00–10:30	Lecture	Implementing transition services Marija Jelušič
10:30–11:30	Workshop	Implementation lab: developing a transition programme
11:30–11:50		Next step - introduction to online follow-up Mojca Zajc
11:50–12:00		Course wrap-up Marta Mosca, Tadej Avčin

Phase 2: Longitudinal Virtual Learning with clinical exposure (6 weeks)

Weekly 1-hour virtual sessions (case-based or thematic) with case study submission from the trainee's hospital, peer discussion, and mentor feedback. Includes online forums, mentor meetings, and feedback from ERN ReCONNET experts.